

Where can you get away to create a space in
time to rock you and hold you until you
know who you are again?

In her book, *When Better Isn't Good Enough*, published by the Alban Institute Jill Hudson lists 12 Characteristics of an effective 21st-century pastor. Her first characteristic is “the ability to maintain personal, professional and spiritual balance.”

Our synod Pastoral Care and Service Committee (PSCC) provides resources for those who seek these balances through such things as Group Spiritual Direction, Boundary Workshops and our Spring Theological Conference.

But what if a person needs some time apart? Where does one go when they discover that the number of evenings they are working is “not good.” When is the last time you took two days off in a row? If you can not remember this would also qualify as a “not good.” Where can a person go to practice Sabbath delight and rest?

Here are some Get-a-Way ideas:

1. Heartwood Conference Center, Trego, WI.
<http://www.heartwoodconferencecenter.com>
Thrivent members can secure half price deals.
2. Sugar Creek Bible Camp, Ferryville, WI
<http://www.sugarcreekbiblecamp.org>
There are four log cabins available for use. There are no fees involved. There is a microwave, coffee pot and refrigerator in each cabin.
3. Cedarly Pastors Retreat located near Delafield, WI.
<http://www.pastorsretreatnetwork.org>
Pastors Retreat Network offers five-day retreats to pastors and pastor couples. Their programs balance solitude and community time. Scripture reading and meditation are at the heart of the experience. Retreats run 6:00pm Sunday through 10:00am Friday. Cost is \$495 to qualifying pastors. The Cedarly Retreat Center has 6 rooms each with a private bath. Cost includes continental breakfasts, a three-course community meal and an abundant buffet each evening.